THE TIME TO THINK FOUNDATION COURSE

MITZI WYMAN

- Do you find yourself rushing from one meeting to the next, with barely time to draw breath, let alone think about the core and critical questions you need to be focused on ?
- Are you working in a constant state of urgency and rush?
- Do you suffer the tyranny of the short term?
- Do you long for time and space to think?

If you do, the Time to Think Foundation course is for you!

This course introduces you to the Thinking Environment - the approach developed by author and educator Nancy Kline that ignites the finest thinking in any gathering.

You'll learn the Ten Components of a Thinking Environment and their eight group applications designed to help you slow down and connect with the wisdom, compassion and courage that is available to you and your team when we really listen.

You will experience Thinking Pairs, Dialogue, Rounds, Open Discussion and other applications that will help you turn groups and organisations into Thinking Environments - inclusive, enlightening and emboldening spaces where all can thrive. Whilst stand alone, the course is also the prerequisite for the Time to Think Facilitator course.

After this course you'll be able to:

- Slow down and take the time to think things through in a way that liberates the finest thinking, saving you time, money and costly mistakes.
- Transform everyday work and business communications into clear-thinking, invigorating, positive experiences
- Ignite and harness the highest quality thinking in the room
- Understand the importance of this expertise for working superbly with colleagues, leaders and teams
- Explore how the Thinking Environment approach can be used to develop individual as well as organisational resilience.



"Mitzi inspires me, over and over again. When I need hope for humanity, I turn to her. She reaches into the core of both the good in society and the causes of its pain. She understands what it takes to transform a situation, a team, an organisation into the finest version of itself. She manages to blend humility with confidence, detail with scope, leadership with autonomy. Her expertise and her warmth are compelling. I trust her completely. And I am grateful for her in this world"

Nancy Kline, President, Time to Think

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Time to Think

The Foundation Course

Delivered online over two full days or four mornings, the course includes:



- Participation in highly interactive online workshops.
- Slide decks for review in between sessions and which will be a valuable resource beyond the life of the course.
- Full course handbook
- A 1-hour thinking session with Mitzi on completion of the course.

Dates: See the website for current course dates.
mitziwyman.com/programme-dates.html

Investment: £790 per person

NB Bursaries are available for the NHS, charitable and public sector.

To learn more about how this approach can help you be more productive, at ease and able to ignite the finest thinking in the room, book a call with me today. I look forward to speaking with you.

About Mitzi

I began my career as a lawyer in the City of London but my interest in people led to a change in direction and I went on to study Organisational Psychiatry and Psychology and train as a coach. This combination of skills, coupled with experience of working at board level in complex organisations gives me rich insights into the challenges facing my clients, organisations and communities. I have now been supporting leaders and teams for over 20 years across sectors. My focus is creating reflective spaces where people can connect with the inherent wisdom, compassion and courage that lies within and which is our greatest teacher.

Nancy's Thinking Environment approach underpins all of my work and I am proud to be a member of the Time to Think Faculty. I have had the privilege of taking this transformational approach into multi-national corporations such as Skanska, Sony Pictures and Arup as well into the NHS, Judicial Office and Cabinet Office.

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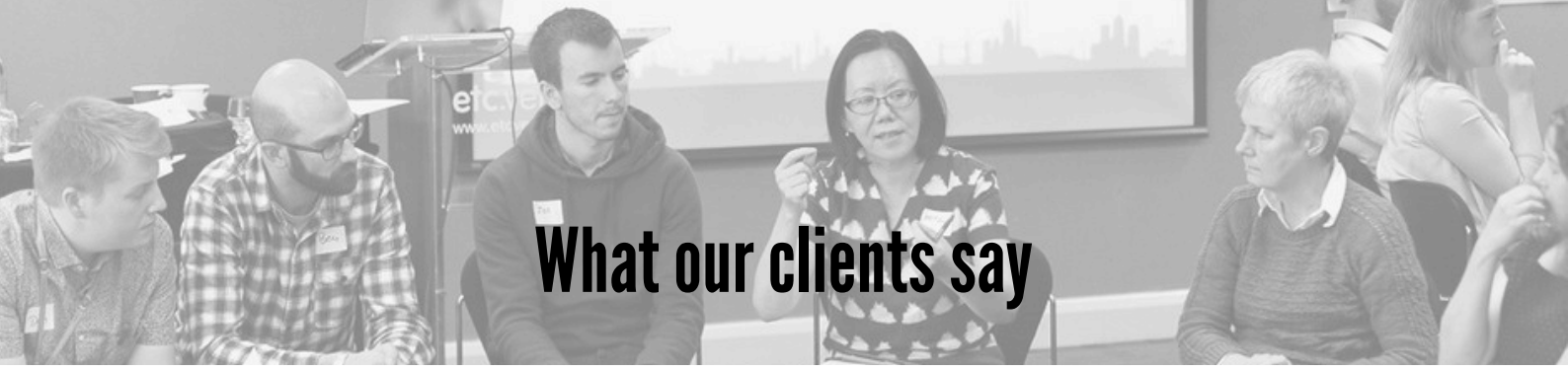
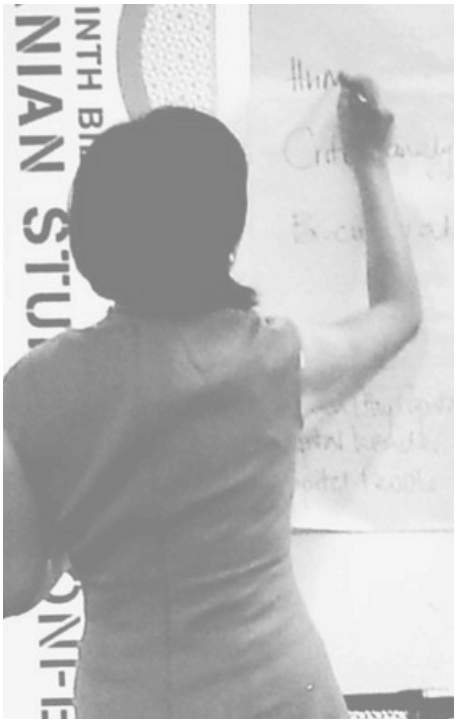


What our clients say

"Thank you Mitzi. This week our key management meeting was much more inclusive and productive. We discussed a number of 'meaty' issues that previously might not have reached the agenda. Having dealt with these we felt a sense of collective ownership and achievement and left the meeting feeling much more optimistic as to what we could achieve".
Nadine Bleasby, COO NIHR



"Mitzi is incredibly creative, well qualified and skilled in developing leaders, passionate about making the world a better place. Kind, insightful and supportive, she is able to challenge deep-seated assumptions and create an environment where important but tricky issues can be addressed. Not many can blend her artistic talent with detailed knowledge of governance. Working with her has been a delight".
Elisabeth Buggins, CBE DL, Chair Eastern Academic Health Science Network

"I am enormously grateful for the time, energy and skill you put into this morning. I think it was very successful and will enable the individual presidents to think their way through the planning issues which they face in a more collegiate and collaborative way. I hope that in the future there will be other similar occasions when the need for free thinking, talking and listening can be used to the same good effect." **Sir Ernest Ryder, Senior President of Tribunals**

"The programme has had a profound effect on my way of working and family life, providing a deeper level of self-awareness and a genuine understanding of how powerful it feels to truly, deeply listen to others and be listened to in the same way".
Susi Clarke, NHS Primary Care Workforce Programme Lead

"This was a most fulfilling and 'work changing' session. Attendees ranged from chairmen of global organisations to senior regulators and those running smaller agencies. By educating us in how to create a 'thinking environment' which is not only inclusive but promotes fresh and clear thoughts, the meetings become more productive and engaging. Subsequently applying this in practice was a joy with immediate results".
Richard Karmel, Managing Partner, Mazars London

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